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# Knife Training Methods For Self Defense: How To Become A Pro At Knife Fighting: (Self-Defense, Self Protection)

## KNIFE TRAINING METHODS FOR SELF DEFENSE

How to Become  
a Pro at  
Knife Fighting



**TOMMY CLINTON**



## Synopsis

Getting Your FREE BonusDownload this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion.Knife Training Methods for Self DefenseHow to Become a Pro at Knife FightingIf you wish to learn how to protect yourself from an attacker using knives, then you have come to the right place. In this comprehensive guide, we will teach you how to master the art of fighting with knives. We have provided stepwise and in-depth instructions regarding knife training and how one can use these tools for self defense.Even if you are not familiar with self defense or martial arts, then don't worry. We have started right from the basics in this guide and have taken one step at a time, letting you be a master of this art by the end of it. From providing extensive information about gripping techniques to how one can handle a real-life combat, we have covered it all in this guide. Some of the topics that are included in the book are as follows:Selecting a knife for combatVarious gripping techniquesTypes of stances and body posturesTraining with knivesHow to evaluate your opponent?Preparing for a combatThings to do during a combatHow to disarm your opponent?Shielding your vital body parts, and moreGo ahead and download this informative guide right away and be a master of knife fighting in no time.Download your E book "Knife Training Methods for Self Defense: How to Become a Pro at Knife Fighting" by scrolling up and clicking "Buy Now with 1-Click" button!

## Book Information

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## Customer Reviews

Deals in generalities, and has few pictures. Relies on the reader having some martial arts training. Uses terms that a rank beginner to self defense may not comprehend.

I liked the ebook, it gives some good advice. Tactics are well enough explained. But it needs some diagrams about the stances, grips, etc....

This writing is an absolute mess of thrown together notions that will get you killed if you try to use it in a knife based altercation. It is basically an advocacy for Capoeira with a knife (which is a system all its own) done as poorly and ineffectively as possible. Please, look elsewhere.

I chose this rating because of the effective ness and true writing of the book. Pick up a copy for yourself.

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